



Broadhembury Church of England Primary School  
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Devon  
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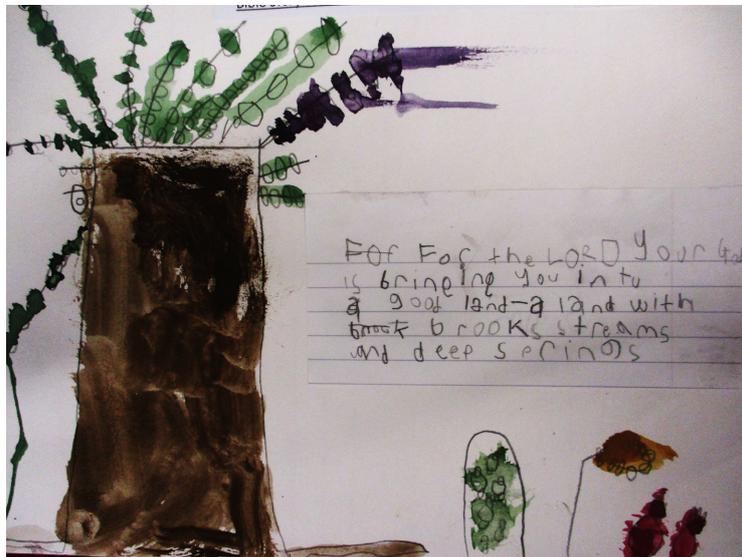
8th December 2017

Dear Parents,

This week the children in Class 1, have been learning about 'The Birthday of the Trees', which is one of four, Jewish New Year festivals. The children were able to link this to the Bible story of The Creation, and designed their own trees based around the passage in Deuteronomy 8:7-8.

***'For the Lord your God is bringing you into a good land, a land of brooks of water, of fountains and springs flowing out in the valleys and hills, a land of wheat and barley, of vines and fig trees and pomegranates, a land of olive trees and honey.'***

The children drew and painted each of the things that would be found in the land of Israel, on their tree.



*An example of the brilliant work produced by the children this week.*

In Maths, the children have spent some time recently playing 'Mind the Gap', which is a multiplication game. On Wednesday, they designed their own versions to play with each other.

For literacy, we are working on writing our own non-chronological report. The children will be asked to research a woodland animal for their homework, to write about next week.

This week Class Two have been using teleprompter apps and green screens, to bring their speeches to life. The children have focused on using their voices to engage the listener, and deliver exciting performances. They have all worked really hard to write fantastic persuasive speeches, with lots of exciting vocabulary.

On Thursday morning, the whole school really got into the Christmas spirit, by making Christingles for the church service. The children were joined by the church wardens, who led the service, people from the local community, and parents. They all really enjoyed making the Christingles, and discussing the meaning of the different parts. Thank you to all those who attended the service, and those who gave their time, to ensure the children could participate in this lovely tradition.

Just a quick reminder that costumes for the Christmas play need to be in school (in a named carrier bag) on Monday. Thank you to those who have been prompt, and have already brought costumes in. If you have any queries about costumes, please speak to either Mrs Symonds or Mrs Redding.

Thank you all for your continued support.

God bless and have a lovely weekend.

*Best wishes from Katie Gray and the staff at Broadhembury CE School*

### Question of the week

**Class 1:** Why do we call Christmas, Christmas?

**Class 2:** Advent is a time of waiting and preparing for Christmas. In our Christingle service, we considered how Jesus came to be the "light of the world". How can we bring 'light' to those around us during this time of Advent and celebrating Christmas?

### **BROADHEMBURY BRIDGES to week ending Friday 1<sup>st</sup> December**

**Class One:** Lexi-Lee for being a good learner, working hard and trying her best.  
Keiran for being helpful, loving and looking after his friends.

**Class Two:** Ari and Grace for being caring towards another child at lunchtime.

### Key Dates

12<sup>th</sup> December – Class Two Swimming

13<sup>th</sup> December- Open Morning for prospective parents - 10am-12pm

14<sup>th</sup> December – Christmas Play – 5pm

15<sup>th</sup> December – School Christmas Dinner & Christmas Jumper Day

19<sup>th</sup> December – Carol Singing in the square - 2.30pm

### Christmas Jumper Day

On Friday 15<sup>th</sup> December, we will be taking part in Save the Children's, Christmas Jumper Day. Children are invited to come to school wearing a Christmas jumper, (or a decorated jumper). We suggest a donation of £1, which will go towards helping the charity protect and care for, children, all over the world.

### Dogs at School

Whilst we all love to see your dogs every morning, we have been advised by Devon County Council that parents should not leave dogs unattended, around the school property. Although we appreciate that the majority of dogs are completely harmless, there are certain safety issues, where dogs are left unattended around small children. Also children with dog phobias can be very uncomfortable coming into school and being met by dogs at the gate. We are therefore asking that dogs are no longer tied to the school gate. We apologise for any inconvenience that this may cause.

## **Family Drop in Workshop Saturday 16<sup>th</sup> December- Thelma Hulbert Gallery, Honiton.**

Papercrafting Workshop. Drop in anytime between 11am and 3pm.

Join artist Kathy Norris to create Christmas decorations out of paper. Create your own festive mobiles, garlands inspired by the simplicity of Scandinavian design. There will be something for all ages. Materials provided, just bring your festive spirit! *Children must be accompanied by a responsible adult. Suggested donation £2/child.*

## **Open Morning for Prospective Parents**

Across the federation we are holding open mornings during December, to give prospective parents the chance to visit our schools. If you know of any families looking for a place at school, for next year, please encourage them to visit and pass the dates on to them. Thank you.

## **Collective Worship Activity**

This term we will be focussing in school on the value of Justice. We hope your family will find these ideas helpful as you explore the value and have fun together. If the children bring back something that you have done at home linked to the Collective Worship activity, or can talk about a discussion they've had at home linked to it, then Mrs Gray will award them with a new special sticker.



## FASCINATING FACTS

### **The World Village**

If the world was a village,  
with 100 people living in it:

- 61 people would come from Asia,  
13 from Africa, 13 from the Americas,  
12 from Europe and 1 from Australasia
- 27 of the people would be under 15 and just  
7 of them over 64
- half of the people would speak one of just 8  
languages – and the most common language would be Chinese
- 63 village people would not have running water in their homes
- 18 people would not be able to read or write
- 53 villagers would have less than £1.30 a day to live on
- there would be 18 cars in the village

Talk with your family about ...

- what you find surprising about these statistics
- what we take for granted in our lives that many people live  
without
- what you think is **unjust**
- what you think could be done to make the world a more **just** place  
for everyone

\* Taken from current statistics by VG Business. Inspired by © If the World Were a Village by David J. Smith, 1990.



## School Nursing Service Update

The School Nursing service across Devon has been developing their service to improve access to a School Nurse and to information and support for all school aged children. We would like to take this opportunity to let you know of some of the changes that have taken place, or are due to take place, and remind you of your local School Nurse team contact details. **Find us online at: [www.devonintegratedchildrensservices/public-health-nursing](http://www.devonintegratedchildrensservices/public-health-nursing)**

For anyone who hasn't received this newsletter before, we work in partnership with schools to:

- Support the schools in the development of health policies that impact on all children and young people.
- Identify and support children and young people with medical conditions, to ensure they access the whole curriculum and are not disadvantaged.
- Ensure that school staff have the information they need to support children with health concerns. The training package we offer is now accredited and includes epilepsy awareness, asthma, and management of medicines in schools in addition to anaphylaxis and use of auto-injectors (epipens)
- Plan for support at transitions as required which includes transitions in and out of the school within the school year
- Provide appointment clinics for young people in arrangement with secondary schools
- Provide targeted hearing screens where a concern has been identified and consent gained for screening.
- Provide support, and advice in relation toileting issues, healthy lifestyles, sleep routines and mental health and wellbeing.

### Centralised contact points for PHN Services (PHN hubs)

We are in the process of developing 4 PHN hubs to improve access and responsiveness. The first 2 hubs have gone live for the Southern Devon and Exeter area with further hubs for Northern Devon, and Eastern Devon due to follow in the next few months. All calls, referrals and correspondence will be directed to the hubs where business support are co-located with duty clinicians.

**Southern Hub: 0333 234 1901** Lescaze  
Offices, Shinnars Bridge, Dartington, TQ9 6JE  
**Exeter Hub: 0333 234 1902** Franklyn  
House, Franklyn Drive, Exeter, EX2 9HS

### SINGLE POINT OF ACCESS (SPA) ACCESS TO SPECIALIST SERVICES IN DEVON

[www.integratedchildrensservices.co.uk](http://www.integratedchildrensservices.co.uk)

Tel: **0330 024 5321** Email: [vcl.devonspa@nhs.net](mailto:vcl.devonspa@nhs.net)

This includes services such as: CAMHS, Autistic Spectrum Assessment, Speech and language therapy, Occupational Therapy, physiotherapy, Learning disability Nursing and psychology, Community Children's Nursing, Palliative care, Rehabilitation Officers for Visually Impaired Children, and the Children with Disability Social Work Team.

**You can self refer and information to support this is available online or by speaking to one of the team.**

Has your child had their free flu vaccination?

Eligible children include:

- children over the age of six months with a long-term health condition
- children aged two and three on 31 August 2017 – that is, born between 1 September 2013 and 31 August 2015
- children in reception class and school years one, two, three and four

Undecided? .

More information can be found online at

<http://www.nhs.uk/>

You may also find it helpful to watch the following:

[https://www.youtube.com/watch?time\\_continue=7&v=T4BVqQAOf-g](https://www.youtube.com/watch?time_continue=7&v=T4BVqQAOf-g) (Monkey wants children to get their flu vaccine)

Is your child up to date with their vaccinations or due vaccination this year?

Age 12-13 (Year 8) 1st dose HPV (Girls only)

Age 13-14 (Year 9) 2nd dose HPV (Girls only)

Age 13-14 (Year 9) Tetanus, Diphtheria, Polio, Meningitis ACWY

Age 14-15 (Year 10) Tetanus, Diphtheria, Polio, Meningitis ACWY (anyone who didn't have this last year)

If your child has missed these vaccinations, or is due to receive any of these and not in school, please contact **the immunisations team** on **01392 356144**.

Have you downloaded the free **HANDi paediatric app** - Expert advice for common childhood illnesses?

The app contains information about when and how to ask for help, along with what to expect when your child is being assessed.

The conditions covered are:

- Diarrhoea and vomiting
- 'Chesty baby' illnesses, such as bronchiolitis, asthma and croup
- 'Chesty child' illnesses, such as wheezing and asthma
- High temperature
- Abdominal pain
- Common newborn problems

Download links:

Apple - <https://itunes.apple.com/gb/app/handi-paediatric/id969445171?mt=8>

Android -

[https://play.google.com/store/apps/details?id=com.myoxygen.handi.tauton&hl=en\\_GB](https://play.google.com/store/apps/details?id=com.myoxygen.handi.tauton&hl=en_GB)

### The 48 hour rule

If you or your child has had diarrhoea and/or vomiting please ensure that symptoms are clear for 48 hours before going out and about. There is a risk of spreading the infection by earlier return to school, work, leisure venues etc.

### Preventing the spread.....

Remember to wash your hands

Cough/sneeze in to tissue and put the tissues in the bin. Use arm/hand if no tissue available and then wash hands.

Stay at home if unwell

More information and resources online at <http://www.e-bug.eu/> and

<https://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities>

### Looking after our mental health is equally important.

We all know about 5 a day but how many of our 10 a day are we getting?

Talk about your feelings

Stay active in mind and body

Eat well

Be proud of your very being.

Do something you are good at and enjoy

Ask for help about

Take a break

Keep in touch with the people you care

Stay hydrated

Actively care for others

Free, safe and anonymous online support for young people - <https://kooth.com/>

## SAFEGUARDING – EVERYONE’S RESPONSIBILITY

### Concerned about a child?

If you have serious concerns about a child or young person, or if you need help parenting your child you can call **0345 155 1071** or email [mashsecure@devon.gcsx.gov.uk](mailto:mashsecure@devon.gcsx.gov.uk)  
Out of hours please call 0845 6000 388. If it is an emergency dial 999

## YOUR SCHOOL NURSE TEAM:

Should you have any questions or concerns regarding your child’s health and how they can be supported in school please contact your School Nurse.

You can contact your local School Nurse, Michelle Perryman

By ringing – 01404 816020

**We value your feedback** - Our unique Friends and Family Test code is – C8084

## ONE SMALL STEP

Are you looking to make a change to become healthier?

Do you want to:

- lose weight?
- become more active?
- Quit smoking? or
- reduce your alcohol intake?

One Small step is a tailored service for adults in Devon. It offers support when and how you need it with information, advice and guidance available online, by telephone and through coaching so you can start making small changes to feel healthier today.

Find out more at: <https://www.onesmallstep.org.uk>

To speak to a Wellness Advisor please call 0800 298 2654 (Freephone) or 01392 908 139 (Local rate) Monday to Friday 9.00am - 6.30pm or email team: [hello@onesmallstep.org.uk](mailto:hello@onesmallstep.org.uk)

Please remember it is usually recommended that your child has a check up at the opticians every 1-2 years and every 6 months at the dentist.

If you do not have an NHS dentist and are having problems finding one then please contact 0333 006 3300. If your child is asthmatic they should also have an annual review with the Practice Nurse at your GP surgery.

## SEPSIS – Do you know how to recognise the signs?

SEPSIS, also known as blood poisoning, is the reaction to an infection in which the body attacks its own organs and tissues. It is a potentially life-threatening condition, however it can be easily treated if caught early. Sepsis could occur as the result of any infection and can initially look like flu, gastroenteritis or a chest infection.

If your child is unwell with either a fever or very low temperature (or has had a fever in the last 24 hours), just ask: could it be SEPSIS?

Any child who:	Any child under 5 who:
<ul style="list-style-type: none"><li>– Is breathing very fast</li><li>– Has a ‘fit’ or convulsion</li><li>– Looks mottled, bluish, or pale</li><li>– Has a rash that does not fade when you press it</li><li>– Is very lethargic or difficult to wake</li><li>– Feels abnormally cold to touch</li></ul>	<ul style="list-style-type: none"><li>– Is not feeding</li><li>– Is vomiting repeatedly</li><li>– Hasn’t had a wee or wet nappy for 12 hours</li></ul>

Seek medical help urgently if you develop any or one of the following:

**S**lurred speech or confusion

**E**xtrême shivering or muscle pain

**P**assing no urine (in a day)

**S**evere breathlessness

**I**t feels like you’re going to die

**S**kin mottled or discoloured

**Might have SEPSIS. Call 999 and just ask: could it be SEPSIS?**

You can also find out more information at: <https://sepsistrust.org/news/what-is-sepsis/>